

Intent, Implementation and Impact in Heartsmart



Intent	Implementation	Impact
<p>Beaulieu Primary is a Heartsmart school. We believe that PSHE helps to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives in order to become informed, active and responsible citizens.</p> <p>Heartsmart is a creative approach to build character, emotional health and resilience in children. We want to equip our children with foundation principles and skills that will improve their mental health, relationships and academic achievement. We want every child to know that they are loved, valued and cared for. We recognise the value of educating the heart alongside the mind.</p> <p>Our PSHE curriculum is linked with our school values and our relationship and sex education (RSE). Our Relationships and Sex Education (RSE) enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.</p> <p>We want all our children to be encouraged</p>	<p>Our main scheme of work is Heartsmart, a resource that builds resilience and active empathy in children. A range of teaching and learning styles will be used to teach PSHE.</p> <p>*Heartsmart lessons are taught on a weekly basis from Year R to Year 6.</p> <p>*Teaching is pupil led and there will be an emphasis on active learning techniques such as discussion and group work.</p> <p>*Clear ground rules will be set regarding discussions to ensure a safe, supportive and positive learning environment.</p> <p>*Relationships and Sex Education (RSE) is a statutory element of the curriculum and forms part of lifelong learning about physical, sexual, moral and emotional development. This curriculum links to PSHE, science and our HeartSmart program. It is about understanding the importance of stable and loving relationships, respect, love and care for family life.</p> <p>*All children will be encouraged to take part in charity work and volunteering as part of our school community.</p>	<p>Teachers assess children’s work in PSHE by using assessment for learning as they observe during lessons.</p> <p>We measure curriculum success regularly through scrutiny of work and planning and pupil voice. We measure learning against the key objectives and skills identified within the sequence of learning. This may be through practical work, use of quizzes, quick assessment, or through discussion.</p> <p>Children are encouraged to self, peer and group assess work in a positive way. Summative assessment is undertaken during the year, using the progression skills document.</p>

<p>and supported to achieve their personal best in every aspect of school life. We believe our school is welcoming, inclusive and has a family feel where everyone is valued. We treat each other with fairness, respect and kindness. Our curriculum aims to develop skills and attributes such as resilience, self-esteem and self belief, being able to take a risk and knowing that making a mistake is part of learning. We believe all children should have the same rights and opportunities, which prepare them for life and enable them to fulfill their potential. We value and celebrate everybody.</p>	<p>*We will use speakers and visitors to broaden the curriculum and share real life experiences. *If children have any personal concerns or wish to talk about any of the issues raised in a lesson, they should feel able to approach and consult a member of staff about this.</p>	
--	--	--

