

Heartsmart Curriculum Cycle A

| Year | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------|----------------------|-----------------------------------|--|--------------------------------------|--------------------------|----------------------------------|
| R | Get Heartsmart | Don't forget to let love in | Too much selfie isn't healthy | Don't hold on to what's wrong! | Fake is a mistake! | No way through, isn't true |
| 1/2 | Get Heartsmart Y2 | Don't forget to let love in Y2 | Too much selfie isn't healthy Y2 | Don't hold on to what's wrong! Y2 | Fake is a mistake! Y2 | No way through, isn't true Y2 |
| 3/ 4 | Get Heartsmart Y4 | Don't forget to let love in Y4 | Too much selfie isn't healthy Y4 | Don't hold on to what's wrong! Y4 | Fake is a mistake! Y4 | No way through, isn't true Y4 |
| 5/6 | Get Heartsmart Y6 | Don't forget to let love in Y6 | Too much selfie isn't healthy Y6 | Don't hold on to what's wrong! Y6 | Fake is a mistake! Y6 | No way through, isn't true Y6 |

Heartsmart Curriculum Cycle B

| Year | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------|----------------------|-----------------------------------|--|--------------------------------------|--------------------------|----------------------------------|
| R | Get Heartsmart | Don't forget to let love in | Too much selfie isn't healthy | Don't hold on to what's wrong! | Fake is a mistake! | No way through, isn't true |
| 1/2 | Get Heartsmart Y1 | Don't forget to let love in Y1 | Too much selfie isn't healthy Y1 | Don't hold on to what's wrong! Y1 | Fake is a mistake! Y1 | No way through, isn't true Y1 |
| 3/ 4 | Get Heartsmart Y3 | Don't forget to let love in Y3 | Too much selfie isn't healthy Y3 | Don't hold on to what's wrong! Y3 | Fake is a mistake! Y3 | No way through, isn't true Y3 |
| 5/6 | Get Heartsmart Y5 | Don't forget to let love in Y5 | Too much selfie isn't healthy Y5 | Don't hold on to what's wrong! Y5 | Fake is a mistake! Y5 | No way through, isn't true Y5 |

| T | | | |
|---|--|--|--|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |