

Have courage; be kind; shine!



Hello

We have been very impressed by the children in years 2, 4 and 6 who have come into school early to help them work on the skills and knowledge they need for SATs tests and the times tables check. Thank you very much to families for committing to these earlier starts – we know it's not always easy!

Shared Learning



Our Year R children sang to some of their parents and shared their work in the garden on a sunny afternoon last Tuesday.

Parents of children in Years 3, 4, 5 and 6 are welcome to come into classrooms after school on Monday, Tuesday or Thursday next week.

Parents of the children in Years 1 and 2 are invited to come in on Thursday morning 8.45 – 9.05 am.

The children love sharing their learning with you each half term and it is motivating for them to know that you are going to be involved. Teachers understand many parents work and may be unable to come along, even though they'd like to. A grandparent or another relative/friend of the family is always very welcome to pop in if you can't make it.



Back to Basics

We feel that, more than ever, the wellbeing of our children, staff and families is a huge priority for us. As you know, we are using a Back to Basics approach to help everyone's awareness of the basic things which help us (and which we can often neglect).

This week is Mental Health Week and I spoke to the children in assembly about how we look after ourselves and about what we can do if we feel worried or if things are going wrong.

Many of our children were clear that things we do to protect our physical health also support "how we feel on the inside," such as drinking and eating well, fresh air and exercise and getting good sleep.

We also talked about the importance of kind relationships with family and friends, of helping other people and of having fun. Many children were able to make excellent links to their Heart Smart learning and to our school values of kindness and courage. We spoke about how important it is to treat yourself kindly and to "talk in your head" in a kind way, just as you would to your friends.

One Year 3 child shared that he tries to say to himself "Come on, you can do this and if it goes wrong I'll look after you!" Which we thought was brilliant.

Below are some sources of support which have been shared with schools during Mental Health Week and which families may find useful.

- [Kooth](#) is a free, safe, anonymous online counselling and emotional wellbeing support service for 11-25-year-olds in Hampshire with no referral needed. Pupils can sign up this week and access community discussions, content, and moderated live forums all about anxiety and coping
- [ChatHealth](#) free messaging service for parents and carers and children and young people aged 5-19 to text a School Nurse in Hampshire
- [SHOUT](#) provides free, 24/7 mental health support by text. Text HANTS to 85258
- [Self Harm Support Hub](#) provides information and peer support for parents/carers supporting a child or young person who self-harms
- Find more local and national support on [Mental Wellbeing Hampshire](#)

A reminder that if you are interested in finding out more, or if you'd like tips about addressing your own wellbeing, this is the link to a series of short videos about the Back to Basics approach:

https://www.youtube.com/results?search_query=off+the+record+back+to+basics

Reading Dog



read to Luna so far think about it.

Henry – Year 2 She's fluffy and brownish-black and she's friendly.

Reggie – Year 2 She actually fell asleep on me once!

Mrs Burt has arranged for a "Reading Dog" called Luna to come into school once a week with her owner, Gemma, so that some of our children can read to her.

Luna is beautiful; so friendly and gentle, and she makes us all smile.

Here's what some of the children who have





Mason – Year 2 She's nice to stroke and you're allowed to stroke her. It makes you feel – I don't know if this is the right word - love full.

Walter – Year 3 I feel really happy when I read to Luna. When I finished reading to her last time my legs were very warm because she was sitting on them!

George – Year 3 She's really soft when she nestles into me and she licks me sometimes! It feels nice... you get to read next to a dog. It makes me feel real calm.



D and V Cases

There have recently been many cases of diarrhoea and vomiting in Hampshire, including amongst children. The local authority have advised that the critical elements to manage and prevent onward transmission are:

- Good hand hygiene
- Prompt exclusion from school
- Pupil not to return until they are 48 hours free from symptoms

It is also strongly recommended that individuals who have had a bout of cryptosporidiosis infection are not allowed to go to a swimming pool until 14 days after the last diarrhoeal episode.

Teachers in our school are pro-active in encouraging good hand hygiene and they are particularly mindful of the current situation.

We are very grateful to parents for their understanding in supporting our 48 hour rule following an episode of vomiting or diarrhoea, particularly as we know this can sometimes lead to children being at home when they appear full of life and energy!

Father John

As you know, Father John is retiring at the end of July.

We plan to say a proper goodbye to him, and to thank him for being such a huge supporter of our school, at our celebration assembly on **Thursday 13th July at 2.30 pm**. Please join us if you can.

Outdoor Learning Day

Yesterday was Outdoor Learning Day and Miss Bennison, our Geography Lead, encouraged everyone to take some of their learning outside.



Willow Class took her literally and went off to the Motor Museum for the day (see below)!



The Year 1 and 2 children had stories on the field and a music lesson outside and Year 3 children and Year 4 children studied the movement of the sun throughout the day by measuring shadows every hour.

Year 4 chose to use a fixed point (rather than their own bodies) and had the additional challenge of using the 24 hour clock in their final report.



Our Year 5 and 6 children practised on the field before reciting poetry to each other.

We all felt very grateful for the sunshine and for our beautiful grounds!



Year 4 at Patrick's Patch



Miss Bennison was very proud of her lovely Year 4's on Wednesday afternoon. The children visited Patrick's Patch and got "stuck in" to all the jobs Rachel had prepared for them.

They even came back with a wormery for the classroom, which Miss Bennison wasn't expecting!!



Sponsored Walk

As you know, we plan to take all the children on foot to Bucklers Hard on **Wednesday the 28th of June.**

Lisa has given out sponsor forms and letters to each class, for the children to bring home in their book bags. (Some classes may have managed this today and for others it will be next week.) We'll be extremely grateful for any money you might be able to raise, which will be used to purchase books for each class. However, **there is no expectation that families will raise money and no pressure will be put on any of our children to do so.**

We're looking forward to creating another lovely memory for all our children and staff!

Parking at Drop off and Pick up Times

We know parking in Beaulieu can be challenging for our families, especially in the summer months, but we nevertheless pride ourselves on having a good degree of safety for our children. Being in a small village and away from busy main roads should make us much safer than some other, larger, schools.

It is very important that all of us maintain these high standards, therefore please:

- **Avoid parking or pulling up on the yellow zig-zags** immediately outside the school
- **Avoid parking or pulling up opposite the school entrance** (where families cross the road)

Having clear sightlines at the point where many children cross is particularly important; stopping even for a few seconds increases risk.

The school bus is an exception, as not being able to park near the school, causing the children to walk in unsupervised creates its own risk. This arrangement and the use of the zig-zag lines and crossing area were recently reviewed with our community police officer.

Staff understand the pressures of getting to school and work on time. We don't like to challenge parents when stress levels are running high but we will speak to parents who drop off/pick up on the yellow lines or opposite the school entrance.

Thank you for your help in not putting staff in a difficult position and, above all, in keeping all our children safe.

Year 5 and Year 6 Quad Kids



Our Year 5 and 6 team were full of enthusiasm at Priestlands on Wednesday and Mrs Buckmaster came back with a big smile on her face!

Ruby – Year 5 Everyone gave lots of effort in the 300 M.

Skylar – Year 5 I've got sand in my shoes but it was worth it.

Esme – Year 6 it was really special when we came second in the cannon relay.

Zach – Year 6 it was hard work but it paid off and we got the silver.

Freddie – Year 6 I loved it!

A special well done to Esme and Elliott who were awarded wrist bands for excellence.

Willow Trip to the Motor Museum



Our Year R children have been comparing modern and old-fashioned transport in history and learning about habitats in science. On Thursday they visited the motor museum and the grounds of Palace House. They all behaved BEAUTIFULLY!

Handles were used to start cars a long time ago before I was born. Now we have buttons or keys. **Matilda**

We saw lots of different cars. My favourite part was when we saw Chitty Chitty Bang Bang. **Lenny**

On old cars they used to use candles as lights.
Hunter

I enjoyed exploring the gardens. **Connie**

We saw bees going into the lupins because they want to get nectar to make honey. **Max**

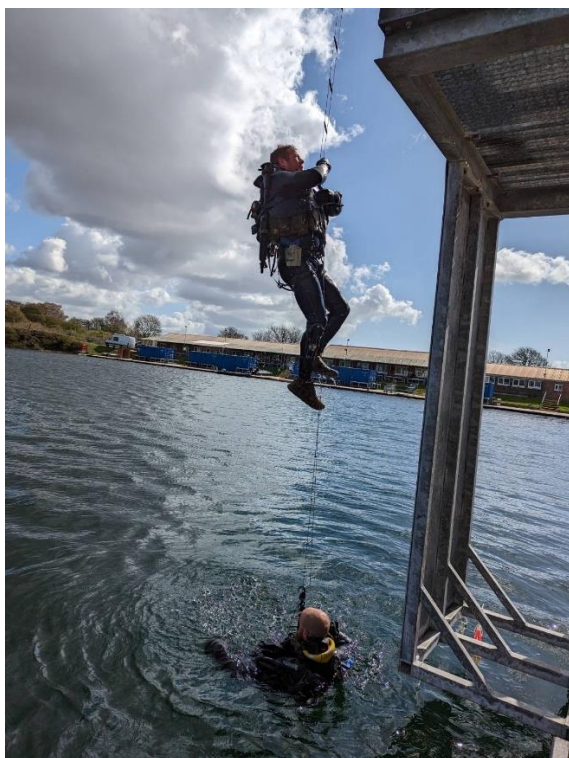


Armed Forces Day

As you know from the letter sent recently by Mrs Lawlor and Mrs Buckmaster, this year we will be taking part in the 10 year anniversary of The Armed Forces Day held on the 24th of June.

We are keen to recognise members of our own school community who work in the armed forces and to celebrate and thank them for all they do.

WO Du Preez (Monty and Audrey's Dad) and PO (D) Duncan (William's Dad) have recently been into school to talk to the children about different aspects of the work our armed forces do. The children thoroughly enjoyed these talks and asked lots of questions.



Huge thanks to both Jeanne and Ben for putting so much thought into their talks to our children.

As you know, Mrs Buckmaster and Mrs Lawlor are organising art workshops across the school linked to different armed forces sections and will be displaying some of the children's work at a celebration held locally at Gang Warily. They would love the children to create a piece of artwork at home inspired by any of the armed forces for our art competition, using collage, clay, sculpture, textiles, drawing, paint, natural resources from the outside or a photograph.

The deadline for the competition entries will be the **week beginning the 12th of June**. Please bring entries to the school office clearly labelled with your child's name and class. Thank you.

Year 6 SATs

We were very proud of our Year 6 children last week. We thought some of the SATs papers were particularly challenging and required the children to read and to think very quickly. Our children really impressed us by remaining outwardly calm and extremely sensible, however they were feeling inside.



Lunch Money

Hampshire Caterers have informed us that, unfortunately, they need to put up the cost of a school meal to **£3.00**. This price rise will take effect from the 6th of June when we return after half term.

Children in Key Stage 1 will continue to receive free school lunches.

Coronation Street Party



It was so lovely to see so many families at the village party on Monday the 8th of May, despite the disappointing weather.

There are some fabulous photos in this drop box (including of the children's parade) if you would like to have a look.

<https://www.dropbox.com/scl/fo/d10jue0nm5861ekq6a3yw/h?dl=0&rlkey=xdgzfy05g65oh163i6qyxfe82>

Thank You



A special thank you to Mr Nicolls (Sophie and Emily's dad) for making a fabulous table for the Early Years garden.

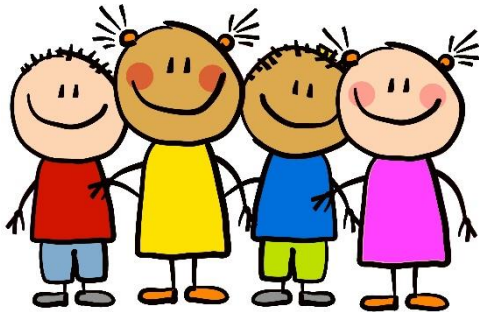
The children LOVE it (and they loved following the way it was made). Our Early Years staff are over the moon!

More Thank Yous!

Mrs Burt, Mrs K, Mrs Williams and all of our staff are so delighted and grateful to the parents who have donated equipment to improve our Early Years garden. The garden has never looked so inviting or been so well resourced. At the time of writing it is pouring with rain, but we will share some photos when it's sunny again!

Huge thanks to:

Mr and Mrs Russo, Mr Reeves, Mrs Duncan, and Mr and Mrs Locker.



Headteacher Stickers

Ned – Year R For sounding out all his words so carefully to write his sentence

Mia and Martha – Year 1 and George – Year 2 For extremely mature and respectful behaviour

Thomas – Year 3 For high quality writing

Stephanie – Year 3 For an excellent piece of independent writing

Marcie and Zac – Year 3 For superb teamwork in maths

Harriet – Year 5 For impressive courage and resilience in sailing

Paloma – Year 5 For exceptional presentation

Josh – Year 5 For superb poetry reciting

Have a lovely weekend,

Headteacher



Diary Dates

New dates will appear in red

Day/Time	Event	Notes
Monday 22 nd May	Parents of children in Key Stage 2 (Years 3, 4, 5 and 6) welcome to come into class after school on Monday, Tuesday and Thursday this week to share children's books. Year R visit to Patrick's Patch	
Tuesday 23 rd May	9.00 am Parents/Headteacher Meeting	Please come along, if you can, to hear more about what we are working on in school, to ask any questions and to make any suggestions. All welcome
Wednesday 24 th May	Year 3 (Group 2) visit to Patrick's Patch	
Thursday 25 th May	Parents of Year 1 and 2 children welcome to come into the classroom to share the children's learning at the start of the day Celebration Assembly	8.45 – 9.05 am 2.30 pm in the Village Hall All welcome
Monday 29 th May – Friday 2 nd June	HALF TERM	
Monday 5 th June	INSET day	
Wednesday 7 th June	Year 4 visit to Patrick's Patch	
Monday 12 th June	Please bring in any entries for the Armed Forces Art Competition this week!	
Wednesday 14 th June	Year 1 visit to Patrick's Patch	
Thursday 15 th June	Celebration Assembly	2.30 pm in the Village Hall All welcome
Tuesday 20 th June	Sports Day	Whole school picnic followed by traditional races – families welcome. Details to follow
Wednesday 21 st June	Year 2 visit to Patrick's Patch	

Friday 23 rd June	Sports Day Reserve	In case it rains on the 20 th !
Saturday 24 th June	Armed Forces day – 10 year anniversary	More details to follow
Monday 26 th June	Year 6 visit to Patrick's Patch	
Wednesday 28 th June	Sponsored Whole School Walk to Bucklers Hard	Year 1 visit to Patrick's Patch planned for this day will be rearranged
Thursday 29 th June	Residential trip for children in Years 3 and 4	
Monday 3 rd July	Year 6 visit to Patrick's Patch	
Wednesday 5 th July	Year 3 (Group 2) visit to Patrick's Patch	
Thursday 6 th July	Celebration Assembly	2.30 pm in the Village Hall All welcome
Monday 10 th July	Year 5 visit to Patrick's Patch	
Wednesday 12 th July	Summer Show (starring Key Stage 2 children) – afternoon performance	In the Village Hall Details to follow, tickets will be available nearer the time NB Year 3 (Group 1) Patrick's Patch visit to be rearranged
Thursday 13 th July	2.30 Celebration Assembly Summer Show (starring Key Stage 2 children) –evening performance	Goodbye and thank you to F John In the Village Hall Details to follow, tickets will be available nearer the time
Monday 17 th July	Year 5 visit to Patrick's Patch	
Thursday 20 th July	Celebration Assembly	2.30 pm in the Village Hall All welcome
Friday 21 st July	Break up for the summer holiday	

Recycle your aluminium drinks cans to raise money for FOBS



What you need to do....

- Rinse empty drinks cans
- Post them in the can recycling bin in the school playground

Located in the bin store in the corner of the playground next to the Twinning Garden



These will be collected weekly and stored off site until we have enough to take for recycling

Free Online Courses for Parents in the Summer Term

To book type in the link: <https://shop.hants.gov.uk/collections/library-courses>



Course	Dates	Time
How Children Learn to Read and Write	Thursdays 20 April – 18 May	7pm – 8:30pm
Introduction to Paediatric First Aid	Tuesdays 25 April – 16 May	6:45pm – 9:15pm
Raising Resilient Children	Wednesdays 26 April – 24 May	6:30pm – 8pm
Makaton Level 1*	Mondays 15 May – 12 June	6:30pm – 8:30pm
Raising Resilient Children	Mondays 12 June – 10 July	6:30pm – 8pm
Positive Parenting	Wednesdays 14 June – 12 July	6:30pm – 8pm
How Children Learn to Talk	Thursdays 8 June – 13 July	7pm – 8:30pm
Introduction to Paediatric First Aid	Mondays 19 June – 10 July	6:45pm – 9:15pm

**Free tuition, materials fee applies*

These courses are aimed at Hampshire residents aged 19+. Attendance is expected at each session to ensure that you get the most out of your learning experience and to minimise disruption for other learners. Please advise the venue/tutor of any absence you may have.

Participants will be required to use Zoom. No account is required, not sure how to use Zoom? Check out these helpful videos: <https://support.zoom.us/hc/en-us/articles/206175806>



www.hants.gov.uk/library   



An online course for separating parents to help manage conflict and minimise the impact on children

Getting it right for children

When parents are separating or separated, children can often get caught in the middle.

Getting it right for children is a free online course designed to help you parent co-operatively. It can help you to develop positive communication skills, so that you can sort out disagreements and find solutions together.

You will learn:

- How to stay calm and listen as well as talk.
- Why it's helpful to see things from a different point of view.
- What to do to stop a discussion from turning into an argument.
- Skills for finding solutions and making compromises.

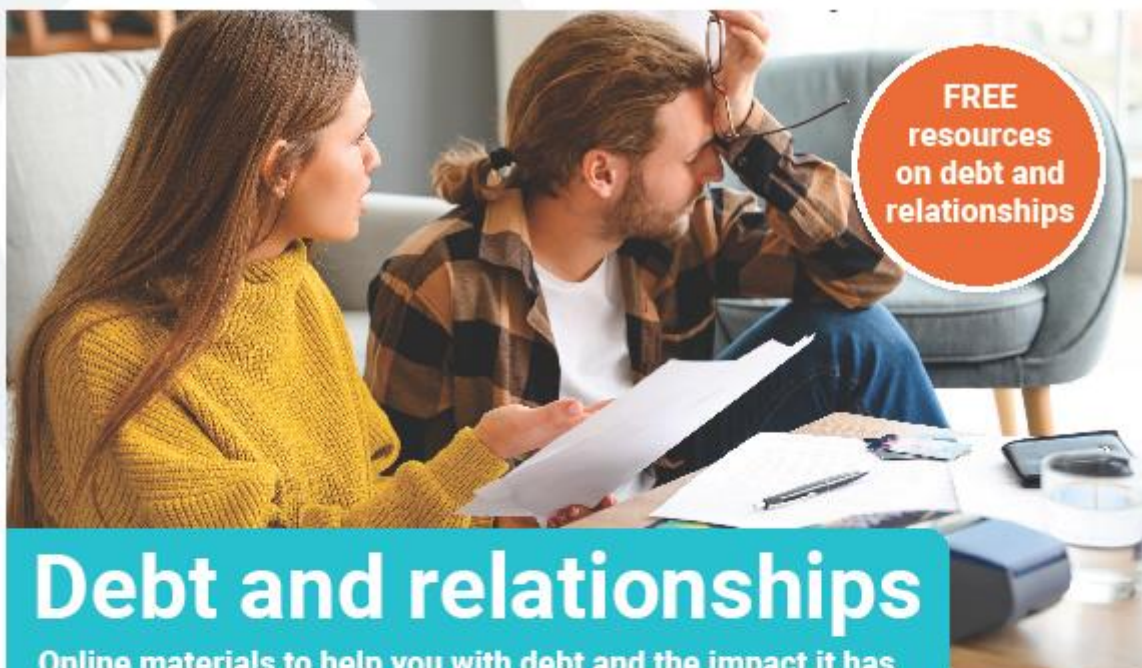
To access the course, you will need a smartphone, tablet, or computer, and a good internet connection. It's FREE to use, so you'll just need to create an account with a username and password.



Register at this address
www.oneplusone.org.uk/parents
or scan the QR code

- *Getting it right for children* is designed for separating or separated parents who want to reduce conflict and communicate better with their child's other parent.
- The course is online so you can go through it at your own pace.
- You can do it all in one go but it's often best to spread it over a few weeks to give yourself time to reflect and practise the skills.





**FREE
resources
on debt and
relationships**

Debt and relationships

Online materials to help you with debt and the impact it has on your relationships

Debt and money troubles are among the biggest causes of relationship stress.

In these short animations, real couples tell their stories of being in debt and the steps they took to get things back on track.

If you're worried about debt, watch these clips to see why it's best to act as soon as possible, and why it's always a good idea to talk to your partner about what's happening.



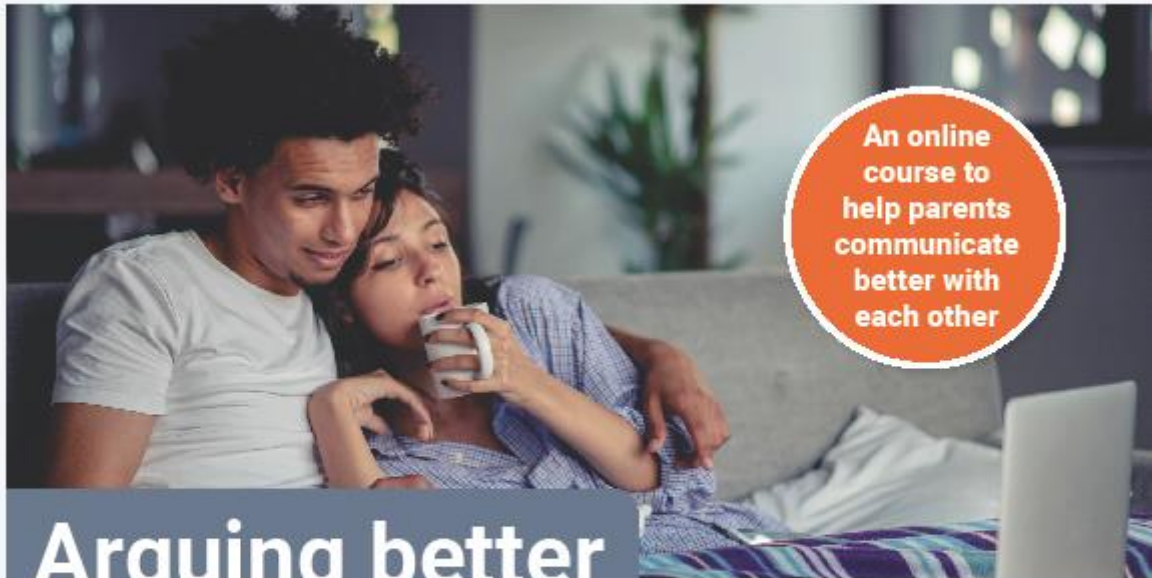
To access the online material, you will need a smartphone, tablet, or computer, and a good internet connection. It's FREE to use, so you'll just need to create an account with a username and password.



Register at this address
www.oneplusone.org.uk/parents
or scan the QR code



 **oneplusone**



An online
course to
help parents
communicate
better with
each other

Arguing better

Disagreements are a normal part of life, and most couples argue from time to time. The way you approach these conversations can make a big difference to you, your partner, and your children.

Arguing better is a free online course to help you manage difficult conversations, avoid conflict, and improve things for your whole family.

You will learn:

- Where stress comes from and how it can affect you.
- Ways to recognise stress and talk about it.
- How to support each other through difficult times.
- What causes arguments and how to stop them.

To access the course, you will need a smartphone, tablet, or computer, and a good internet connection. It's **FREE** to use, so you'll just need to create an account with a username and password.



Register at this address
www.oneplusone.org.uk/parents
or scan the QR code

- **Arguing better** is designed for parents who want to learn healthy ways to deal with stress and conflict.
- The course is online so you can go through it at your own pace.
- You can do it all in one go or save your progress and come back to it later.
- The course will take about 40 minutes to complete, so it's best to give yourself enough time and space to reflect.





UK Health
Security
Agency

Enjoy the outdoors but 'be tick aware'

Being tick aware by using the following information can help to reduce the chance of tick bites and risk of Lyme disease:

- ticks can transmit microbes that cause infections such as Lyme disease
- you could be exposed to ticks whenever you spend time outdoors, including when in your garden or the local park
- ticks mainly attach to animals, but sometimes they may bite you or your family
- you can reduce the chance of tick bites by walking on clearly defined paths, using insect repellent and performing **regular tick checks**
- some tick bites can result in infection, so it is important to remove ticks safely and as quickly as possible
- the safest way to remove a tick is by using a pair of **fine-tipped** tweezers or a tick removal tool
- if you begin to feel unwell with flu-like symptoms, or develop a spreading circular red rash (which usually appears within 1 to 4 weeks after being bitten), **contact your GP or NHS 111 promptly**. Mention if you were bitten by a tick or have recently spent time outdoors

Tick sizes compared to a one penny coin



Tick in the environment



Tick attached to skin



Lyme disease bullseye rash



Tick found under hair



For more information, search for the phrases 'ticks' and 'Lyme disease' on these websites:

www.nhs.uk www.gov.uk www.nice.org.uk/guidance

GOV-11370

Activity Club

Active For All deliver a wide range of fun activity clubs run by qualified and experienced coaches at your school

Beaulieu Village Primary School

Spring 1 Term : 3.15pm – 4.15pm

Monday – Football Boys & Girls Years R-6

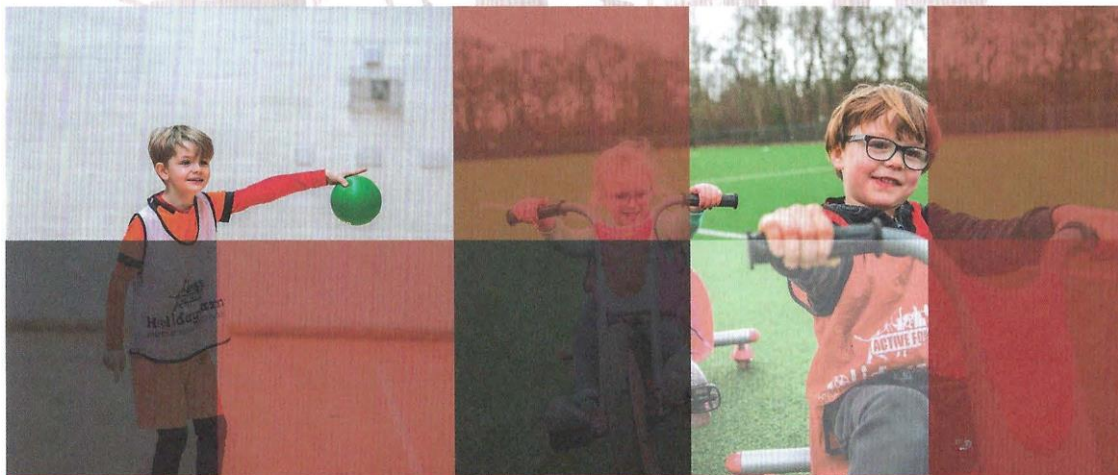
Tuesday – Dodgeball years R-6

Wednesday –Arts & Crafts/Lego Years R - 6

Thursday –Multi-Sports Years R - 6

Friday –Team Games R - 6

For more details or to book go to our website



Call:

02381 260 404

Website:

www.activeforall.co.uk